

Mapping the Mess: Where Clutter Collects

Clutter has a way of migrating and accumulating throughout your home.
Fall is the perfect time to tackle those long-ignored hot spots.



70%
say clutter
creates anxiety,
frustration,
or guilt.

60%
of us have
repurchased
items we own
but can't find.

**1 out
of 3**
Americans rent a
storage space.



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Become a Decluttering Pro

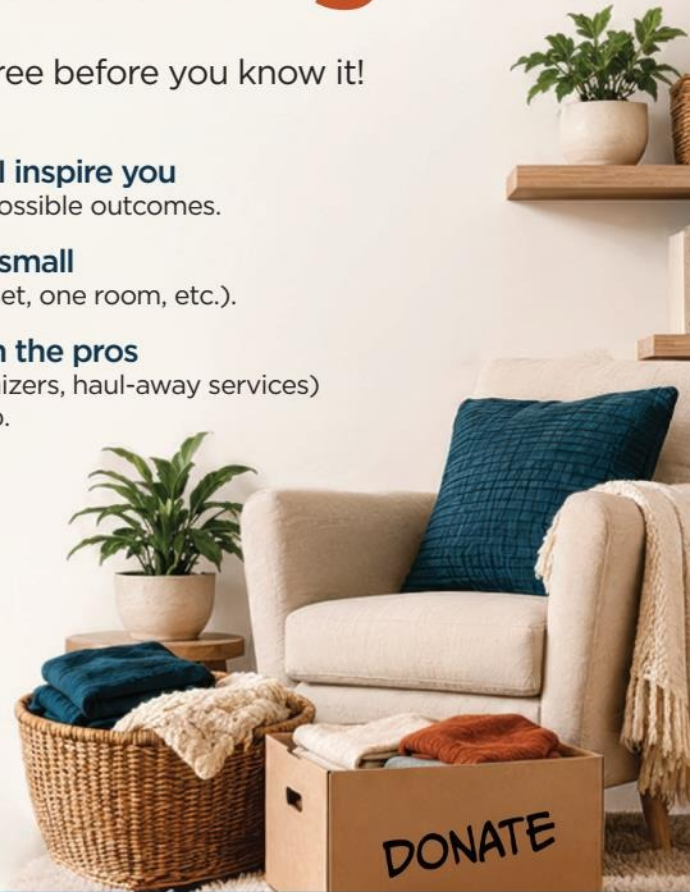
Follow these simple tips and you'll be living clutter-free before you know it!

- ✓ **Determine your needs/wants**
(more organized, items disposed of, minimalist design, etc.).
- ✓ **Get trusted feedback**
from a friend or family member.
- ✓ **Be honest with yourself** —
why are you keeping something?
- ✓ **Let AI inspire you**
with possible outcomes.
- ✓ **Start small**
(a closet, one room, etc.).
- ✓ **Call in the pros**
(organizers, haul-away services) to help.

Having trouble letting go of certain items?

Here are five great reasons to donate them:

- 1 Help someone in need
- 2 Possible tax deductions
- 3 Reduces stress/anxiety
- 4 Encourages others to donate as well
- 5 Keep items out of landfills



If you need a referral for any type of professional, let me know and I can connect you to one in my trusted network. And, oh by the way... I'm never too busy for any of your referrals!

SOURCES: 1. moving.selfstorage.com/organization-habits/ 2. sparefoot.com/blog/self-storage-industry-statistics

It's **hot** here and the **water** is still calling!
As the days stay warm, we'll be seeking out our **favorite** local spots to swim, splash, and soak up every sunny moment left. Here is my list of **top swimming holes** to enjoy before fall arrives!
Happy Swimming!!



1. Twin Falls
2. Blue Hole Regional Park
3. Camp Ben McCulloch
4. Hill of Life Dam
5. Blue Hole Park
6. Sculpture Falls
7. Bob Wentz Point & Park
8. Barton Springs
9. Top Secret Beach
10. Krause Springs

