

Clear the Chaos

Overwhelmed by too much stuff?
You're not alone — most Americans feel the same.



1 in 4
can't use the 2nd
car garage space



50%
have a room
unsalvageable
with clutter



16 minutes
per day looking
for lost stuff



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Simple as 1-2-3

Clear Space, Clear Mind

Reduce stress and chaos with these tips to bring more calm into your life.

Commit to weekly decluttering, even if it's just a single drawer or closet.

Start by tossing easy, obvious items (e.g., mystery cords, old takeout menus, expired products, orphan storage lids).

Take photos of sentimental items you don't have room for, then sell, donate or toss.

Call a local nonprofit (The Salvation Army or AMVETS) to come pick up items for donation.

Be honest with yourself. Does an item still fit into your lifestyle? Or do you feel "obligated" to keep it?



Don't Forget to Do a Digital Detox

Put on a favorite show or music and then...

- Clean out your inbox: set a timer for 15 min.
- Unsubscribe from newsletters, promotions, etc.
- Delete apps you don't use.

If you have any questions, I'm here to offer clear, concise information you can trust. I can also connect you with a reliable home cleaner or professional organizer from my network if you need extra help with home maintenance or organization.

SOURCES: 1. talkernews.com/2024/09/04/half-of-americans-think-at-least-one-room-in-their-home-is-unsalvageable/ 2. apa.org/news/podcasts/speaking-of-psychology/clutter 3. prnewswire.com/news-releases/study-reveals-clutter-epidemic-cause-low-self-esteem-300814777.htm 4. shaneco.com/theloupe/articles-and-news/stuff-each-state-loses-the-most/

Cost-Effective Ways to Improve Your Curb Appeal



Freshen Up Your Landscaping

Plant colorful flowers, add mulch for a polished look, and keep your lawn mowed. Planting a tree or two can enhance shade and add long-term value.



Clean and Brighten Your Entryway

Give your front door a fresh look by cleaning it or adding a new coat of paint. Power wash your home's exterior to remove dirt and grime for an instant refresh.



Declutter the Sides of Your Home

Remove any debris, old furniture, or unused items from the sides of your house. A tidy exterior makes your home look well-maintained and more inviting.

NeighborWoods Tree Adoption Events



Scan for all Events

Go-To Vendors for Your Home Projects



Scan for Vendors